



CHOOSING A COUNSELOR

A GUIDE TO SEEKING MENTAL HEALTH CARE IN MARATHON COUNTY

If you are in a mental health emergency, or need to talk to a counselor right away, call the CRISIS CENTER at (715) 845-4326 or (800) 799-0122 anytime, 24 hours a day.

Visit the U.S. Department of Health and Human Services website for more mental health information:
www.mentalhealth.gov

For more information about mental health services or other community information, contact United Way's 211 anytime for free, confidential information and referral:

Dial:
211, 24/7
(or 715-848-2255, or
800-922-5590 toll free)

Text:
Text your zip code to 898211
Monday – Friday 8am – 4pm
*Standard msg & data rates
may apply*

Email:
askus@unitedwaymc.org

Online Chat:
www.unitedwaymc.org/get-help/
Monday – Friday 8am – 12noon

Search:
www.unitedwaymc.org/get-help/

**Substance Abuse and Recovery
Services Search:**
AddictionHelpWI.org

United Way's 211 does not provide counseling services, recommend treatments, or provide endorsements of the counseling offices listed.

Finding the right mental health professional for your needs can be difficult. While choosing a counselor is a personal decision, United Way’s 211 has information about counseling agencies and private practice offices in **Marathon County**, and can help you find mental health professionals that fit your needs, budget, and schedule. See below for some of the various types of mental health professionals that exist, and what types of services they are able to provide.

For more information about available options for substance abuse and recovery services, call United Way’s 211.

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KEY:

- *counselor or therapist/someone to talk to*
- *psychiatrist or psychiatric nurse practitioner/prescribe or monitor medication*
- X *clinical psychologist/assess and diagnose*
- ⌘ *mental health professionals specializing in areas of substance abuse*

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Mental Health Professionals

ACHIEVE CENTER

520 N 28th Avenue
Suite 200
Wausau, WI 54401
www.uachievecenter.com
cwesley@uachievecenter.com
(715) 845-4900

Addresses these conditions:

- Attention disorders (ADD/ADHD)
- Autism Spectrum disorder
- Speech/language issues
- Cognitive/developmental disorders (other)
- Learning disorders
- Parent training
- Cerebral Palsy
- Traumatic brain injuries
- Stress relating to chronic illness or physical disabilities
- Down Syndrome
- Tourette's

Payment accepted: Medicaid (BadgerCare/Forward Health), private insurance, and private pay (offers sliding fee scale).

Ages served: all.

AFFILIATED FAMILY PSYCHIATRY OF WAUSAU

2600 Stewart Avenue, Ste 270
Wausau, WI 54401
(715) 842-8600

Addresses these conditions:

- Psychiatric assessments & evaluations
- Prescribe medication
- Medication management/monitoring

Payment accepted: Private insurance and private pay .

Ages served: all.

ASPIRUS WESTON BEHAVIORAL MEDICINE CLINIC

4005 Community Center Drive
Weston, WI 54476
www.aspirus.org/ourservices
(715) 241-5470

Addresses these conditions:

- Hyperactivity disorders (ADD/ADHD)
- Neuropsychological testing
- Psychiatry
- Retention testing/brain trauma

NOTE: Must have a referral from Aspirus physician.

Payment accepted: Medicaid (BadgerCare/Forward Health), Medicare, private insurance, and private pay .

Ages served: all.

BEHAVIORAL HEALTH CLINIC

3600 Stewart Avenue Ste B
Wausau, WI 54401
www.bhcwausau.com
appointments@bhcwausau.com
(715) 842-9500

Addresses these conditions:

- Adjustment issues
- Alcohol and substance addictions
- Anxiety/Panic Disorders/PTSD (Post-Traumatic Stress Disorder)
- Autism and other learning disorders assessments
- Depression /mood disorders
- Eating disorders
- Grief/mourning
- Marriage/relationships
- Medical issues/diagnoses
- Parenting/co-parenting
- Smoking cessation
- Trauma

Payment accepted: Private insurance and private pay.

Ages served: all.

BRIDGE COMMUNITY BEHAVIORAL HEALTH CLINIC

1810 N 2nd Street
Wausau, WI 54403
www.bridgeclinic.org
Info@bridgeclinic.org
(715) 848-4884

Addresses these conditions:

- Anger
- Anxiety/Panic Disorder/PTSD (Post-Traumatic Stress Disorder)
- Crisis intervention
- Depression/mood disorders
- Family therapy
- Grief
- Marriage/relationships
- Mental health evaluations
- Parenting
- Trauma based treatment

Payment accepted: Medicaid (BadgerCare/Forward Health), Medicare, private insurance, and private pay (offers sliding fee scale).

Ages served: 5+.

Mental Health Professionals

CENTER FOR HUMAN DEVELOPMENT

631 Forest Street
Wausau, WI 54403
www.chdevelopment.org
chd@chdevelopment.org
(715) 842-0944

Addresses these conditions:

- Abuse (Child, Emotional, Physical, & Sexual)
- Anger management
- Anxiety/Panic Disorders/PTSD (Post-Traumatic Stress Disorder)
- Compulsion/obsession
- Depression
- Eating disorders
- Gambling
- Grief/mourning
- Marriage/relationships
- Parenting
- Trauma
- Personality/behavior issues
- Sexuality/Gay and Lesbian issues
- Stress management

Ages served: all.

Payment accepted: Medicaid (BadgerCare/Forward Health), Medicare, private insurance, and private pay (offers sliding fee scale).

CENTRE FOR WELL-BEING

www.centreforwellbeing.net
wellbeing901@hotmail.com
(715) 848-5022

901 N 6th Street
Wausau, WI 54403

6001 Business Hwy 51 South
Schofield, WI 54476

4601 Camp Phillips Rd
Weston, WI 54476

Addresses these conditions:

- Abuse (Child, Emotional, Physical, & Sexual)
- Alcohol and substance addictions
- Anxiety/Panic Disorder/PTSD (Post-Traumatic Stress Disorder)
- Co-dependence/Attachment disorders
- Depression
- Eating Disorders
- Grief/mourning
- Marriage/relationships
- Parenting
- Self-esteem issues
- Stress management
- Trauma/injury/pain

Ages served: all.

Payment accepted: Medicaid (BadgerCare/Forward Health), Medicare, private insurance, and private pay (offers sliding fee scale).

CHARIS COUNSELING

www.chariscounselingwi.com
info@chariscounselingwi.com

2620 W Stewart Avenue Ste 310
Wausau, WI 54401
(715) 848-0525

101 W McMillan Ste 2B
Marshfield, WI 54449
(715) 389-9382

Addresses these conditions:

- Anxiety/Panic Disorder/PTSD (Post-Traumatic Stress Disorder)
- Attention disorders (ADD/ADHD)
- Compulsion/obsession
- Depression
- Eating disorders
- Grief/mourning
- Learning disorders
- Marriage/relationships
- Parenting
- Religious/spiritual issues
- Self-esteem issues
- Stress management

Ages served: 3+.

Payment accepted: Medicaid (BadgerCare/Forward Health), private insurance, and private pay (offers sliding fee scale).

CHILD AND ADOLESCENT PSYCHIATRY CONSULTING

www.drjenna.net
2001 S Central Avenue Ste A
Marshfield, WI 54449
marshfieldoffice@drjenna.net
(715) 384-2818

3830 8th Street Ste 101
Wisconsin Rapids, WI 54494
rapidsoffice@drjenna.net

Addresses these conditions:

- Abuse (child, Emotional & Physical)
- Anger management
- Anxiety/Panic Disorder/PTSD (Post-Traumatic Stress Disorder)
- Attention disorders (ADD/ADHD)
- Autism Spectrum Disorder
- Compulsion/obsession
- Depression
- Eating Disorders
- Grief/mourning
- Relationships

Ages served: all.

Payment accepted: Medicaid (BadgerCare/Forward Health), Medicare, private insurance, and private pay.

Mental Health Professionals

CHILDREN'S HOSPITAL OF WI—CHILD AND FAMILY COUNSELING

705 S 24th Avenue Ste 400
Wausau, WI 54401
www.chw.org
(715) 848-1457

Addresses these conditions:

- Abuse (Emotional, Physical & Sexual)
- Anger management
- Anxiety/Panic Disorder/PTSD (Post-Traumatic Stress Disorder)
- Compulsion/obsession
- Depression
- Grief/mourning
- Parenting
- Personality/behavior issues
- Sexuality/Homosexuality
- Stress management

Ages served: all.

Payment accepted: Medicaid (BadgerCare/Forward Health), private insurance, and private pay (offers sliding fee scale for those in Marathon County).

COMPASS COUNSELING

www.compasscounselors.com
tpeteson@compasscounselors.com

530 Grant Street
Wausau, WI 54403
(715) 845-5493

3704 Weston Avenue
Weston, WI 54476
(715) 298-6364

Addresses these conditions:

- Abuse (Child, Emotional, Physical & Sexual)
- Alcohol and substance addictions & General assessment
- Anxiety/Panic Disorders/PTSD (Post-Traumatic Stress Disorder)
- Attention disorders (ADD/ADHD) & testing
- Depression
- Eating disorders
- Gambling
- Grief/mourning
- Marriage/relationships
- Parenting
- Personality/behavior issues
- Stress management
- Self-harm

Ages served: all.

Payment accepted: Medicaid (BadgerCare/Forward Health), private insurance, and private pay.

COURAGE TO CHANGE RECOVERY

106 Galvin Road
Abbotsford, WI 54405
rwichiacz@couragetochangerecovery.net
(715) 223-0480

Addresses these conditions:

- Abuse (Emotional, Physical & Sexual)
- Alcohol and substance addictions
- Anxiety/Panic Disorders/PTSD (Post-Traumatic Stress Disorder)
- Attention disorders (ADD/ADHD)
- Co-dependence
- Depression
- Eating disorders
- Grief/mourning
- Marriage/relationships
- Parenting
- Stress management

Ages served: all.

Payment accepted: Medicaid (BadgerCare/Forward Health), private insurance, and private pay (offers rates for un-insured).

DIX AND GILLETTE COUNSELING SERVICES

1720 Merrill Avenue Ste 401
Wausau, WI 54401
dgcounseling@outlook.com
(715) 675-3888

Addresses these conditions:

- Alcohol and substance addictions
- Anxiety/Panic Disorders/PTSD (Post-Traumatic Stress Disorder)
- Co-dependence
- Depression
- Eating disorders
- Grief/mourning
- Gambling
- Marriage/relationships
- Pain management
- Parenting
- Self-esteem
- Stress management

Ages served: all.

Payment accepted: Private insurance and private pay.

ELMERGREEN ASSOCIATES

114 Grand Avenue
Wausau, WI 54403
(715) 845-7175
www.elmergreen.com
elmer54403@yahoo.com

Addresses these conditions:

- Abuse
- Alcohol and substance addictions
- Anxiety/Panic Disorder/PTSD (Post-Traumatic Stress Disorder)
- Crisis intervention
- Depression
- Eating disorders
- Grief/mourning
- Learning disorders
- Marriage/relationships
- Parenting
- Sexual dysfunction/addiction/misbehavior
- Sexuality/Gay and Lesbian issues

Ages served: all.

Payment accepted: Medicaid (BadgerCare/Forward Health), Medicare, private insurance, and private pay.

Mental Health Professionals

EVANS COUNSELING

2714 Stewart Avenue
Wausau, WI 54401
(715) 849-3988
www.evanscounseling.net

Addresses these conditions:

- Abuse (Emotional, Physical & Sexual)
- Anxiety/Panic Disorder/PTSD (Post-Traumatic Stress Disorder)
- Attention disorders (ADD/ADHD)
- Co-Dependency
- Depression
- Grief/mourning
- Hoarding
- Identity issues
- Marriage/relationships
- Obsessive Compulsive Disorder
- Parenting
- Self-esteem
- Sexual addictions, identity, orientation
- Stress management

Ages served: School age to late adulthood.

Payment accepted: Medicare, private insurance, and private pay.

KINLEIN OFFICES

408 3rd Street, #300-301
Wausau, WI 54403
(715) 842-7399
www.kinlein.org

Addresses these conditions:

- Altering habits
- Decision making
- Learning disorders
- Living with illness/injury
- Marriage/relationships
- Parenting

Ages served: all.

Payment accepted: Private pay (offers sliding fee scale), medical reimbursement does not apply.

NORTH CENTRAL HEALTH CARE—OUTPATIENT MENTAL HEALTH SERVICES

1100 Lake View Drive
Wausau, WI 54403
(715) 848-4356
www.norcen.org
info@norcen.org

Addresses these conditions:

- Abuse/Trauma
- Anxiety/Panic Disorder/PTSD (Post-Traumatic Stress Disorder)
- Attention disorders (ADD/ADHD)
- Crisis intervention
- Depression/Mood disorders
- Grief/mourning
- Marriage/relationships
- Parenting
- Personality/behavior disorders
- Psychiatric evaluations & assessments

* Outpatient alcohol and substance addictions (715-848-4326).

Ages served: all.

Payment accepted: Medicaid (BadgerCare/Forward Health), Medicare, private insurance, and private pay (offers option for reduced fee).

NORTHWEST JOURNEY

5655 N 28th Avenue
Wausau, WI 54401
(715) 675-5454
nwjwausau@nwgcg.com
www.nwgcg.com

Addresses these conditions:

- General mental health

NOTE: Day treatment program is an alternative to school that provides group counseling, individual and family therapy in a structured setting for children and adolescents with mental health issues . NEED a referral from a mental health professional and a difficulty functioning in 2 of 3 areas of their life (school, home, or community).

Ages served: School age children. Payment accepted: Medicaid (BadgerCare/Forward Health), Medicare, private insurance.

PEACEFUL SOLUTIONS COUNSELING

741 N 1st Street
Wausau, WI 54403
(715) 675-3458
www.peacefulsolutions.org

Addresses these conditions:

- Abuse (Child, Emotional, Physical, Sexual & Other)
- Alcohol and substance addictions (Teens & Adults)
- Anxiety/Panic Disorders/PTSD (Post-Traumatic Stress Disorder)
- Attention disorders (ADD/ADHD)
- Depression
- Marriage/relationships
- Trauma & childhood trauma

Ages served: 3+.

Payment accepted: Medicaid (BadgerCare/Forward Health), Medicare, private insurance, and private pay (offers sliding fee scale).

Mental Health Professionals

THE CARING TREE CHILDREN'S COUNSELING CENTER

501 Division Street
Wausau, WI 54403
(715) 301-0667
www.caringtree.us
info@caringtree.us

Addresses these conditions:

- Abuse (Child, Emotional, Physical, Sexual & Other)
- Anxiety/Panic Disorders/PTSD (Post-Traumatic Stress Disorder)
- Attention disorders (ADD/ADHD)
- Autism Spectrum disorder
- Compulsion/obsession
- Depression/Mood disorders
- Gender identity/sexual orientation
- Grief/mourning
- Parenting
- Reactive Attachment disorder

*Also offers animal-assisted and play therapy.

Ages served: all.

Payment accepted: Medicaid (BadgerCare/Forward Health), private insurance, and private pay (offers sliding fee scale for patients with financial hardship).

TRUE NORTH COUNSELING & WELLNESS

500 3RD STREET
Suite 208-3 & 4
Wausau, WI 54403
715-370-8863
www.tncwellness.com
Christine@tncwellness.com

Addresses these conditions:

- Abuse (child, Emotional, Physical & Sexual)
- Alcohol and substance addictions
- Anxiety/Panic Disorders/PTSD (Post-Traumatic Stress Disorder)
- Depression /mood disorders
- Eating disorders
- Grief/mourning
- Marriage/relationships
- Medical issues/diagnoses
- Military/Veterans' Issues
- Parenting/co-parenting
- Sexuality
- Smoking cessation
- Trauma

Ages served: all.

Payment accepted: Medicaid (BadgerCare/Forward Health), private insurance, and private pay (offers sliding fee scale).

WAUSAU VET CENTER

605 S 24th Avenue #24
Wausau, WI 54401
715-842-1724
david.wetuski@va.gov
www.vetcenter.va.gov

Addresses these conditions:

- Anger management
- Anxiety/Panic Disorders/PTSD (Post-Traumatic Stress Disorder)
- Depression/mood disorders
- Marriage/relationships
- Military sexual trauma
- Sleep disorders

Ages served: Eligible Veterans and their families.

Payment accepted: Free for eligible veterans and their families.